



Fibromyalgia Support for Surrey & Sussex

Charity No: 1108454

Horsham Group

**You are invited to Meetings
in the Age UK Centre, Lavinia House,
Dukes Square, Denne Road, Horsham RH12 1GZ
from 7 – 9 pm**

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**No meeting in August**

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September 6th

**Roland Higgins, Executive Officer
West Sussex Association for Disabled People (WSAD)
What can WSAD offer you & What can FM people teach WSAD?**

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**October 4<sup>th</sup>**

**Jill Smith – How Colours can Affect you**

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November 1st

Kathryn Varley – The Art of Yoga & Meditation

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**For more information**

**Website: <http://www.fms-sas.co.uk>**

**Phone : 01403 733335**